

Curriculum Vitae

Catherine W. Brock, OTD, OTR/L, CLCP, CLT, BCB-P, -D, Myr (c) (R) (U) / TT

- Neuromuscular Re-education
- Occupational Therapy Services

9/2006 – Present

Adjunct Faculty Instructor  
University of South Alabama – Mobile, AL

- Guest Lectures / Presentations: Lymphedema Management, Wound Care Management, Neuro-Developmental Treatment, and Life Care Planning
- Research Assistant: Urinary Incontinence and Effects on Aging Females, Effects of Chronic Venous Insufficiency on Lifestyle
- Clinical Instructor: Level I Fieldwork, MSOT Students



6/1994 – 10/2000 Occupational Therapist / Assistant Director  
Therapy Management Services –

July 2015 Certified Lymphedema Therapist. Academy of Lymphatic Studies. (CLT)

December 2016 Board Certified in Biofeedback – Pelvic Motor Dysfunction. BCIA. (BCB-PMD)

## Memberships

American Occupational Therapy Association  
Alabama Occupational Therapy Association

## Scholarship

2020 The Use of Devices in the Treatment of Urinary Incontinence  
University of Alabama at Birmingham – Birmingham, AL

- A Scoping Review for Publication
- Capstone Project

2018 Effects of Chronic Venous Insufficiency on Lifestyle.  
University of South Alabama – Mobile, AL

- Assist with patient population, evaluation and supervise research project in conjunction with MSOT students -  
Poster presentation application to AOTA

2017 Effects of Urinary Incontinence on Aging Females.  
University of South Alabama – Mobile, AL

- Assist with patient population, evaluation and supervise research project in conjunction with MSOT students -  
Poster presentation application to AOTA

## Service

2020 - Present Recognitions Chair.  
Alabama Occupational Therapy Association.

## Awards

2019 Occupational Therapy Award of Excellence.  
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## Presentations

September 2021      ALOTA State Fall Conference – Presenter  
The Use of Devices in the Reduction of Urinary  
Incontinence – A Scoping Review

## Professional Development

October 1994      Advanced Use of Modalities for Occupational Therapists

October 1994      Evaluation and Treatment of Visual Perceptual Dysfunction

November 1994      Upper Extremity Myofascial Releasing Techniques

October 1995      Mind-Body Medicine – Focus on Immune System, Pain, and  
Emotion

April 1996      An Integrative Approach to the Examination and Rehabilitation  
of the Shoulder

February 1997      Myofascial Release I – John Barnes, P.T.

October 1997      Orthotics Used with the NDT Approach to Neurologic Patients

October 1998      Neuro-Developmental Treatment in the Treatment of Adults  
with Hemiplegia

- Completed 3-week certification course – Rehabilitation  
Institute of Chicago – Chicago, IL

October 2001      Innovation in Practice: The Best of Environmental Access

April 2004      The Management of Burns

September 2007      Psychotropic Drugs and Behavior Management

December 2007      Introduction to Upper Extremity Mobilization

January 2008      Home Accessibility for Older Adults: An Occupational  
Therapist's Guide

January 2008      The Management of Arthritis

Fall 2000-2013      Annual Attendance to the International Symposium on Life  
Care Planning

July 2015

Lymphedema Management

- Complete Certification Course
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