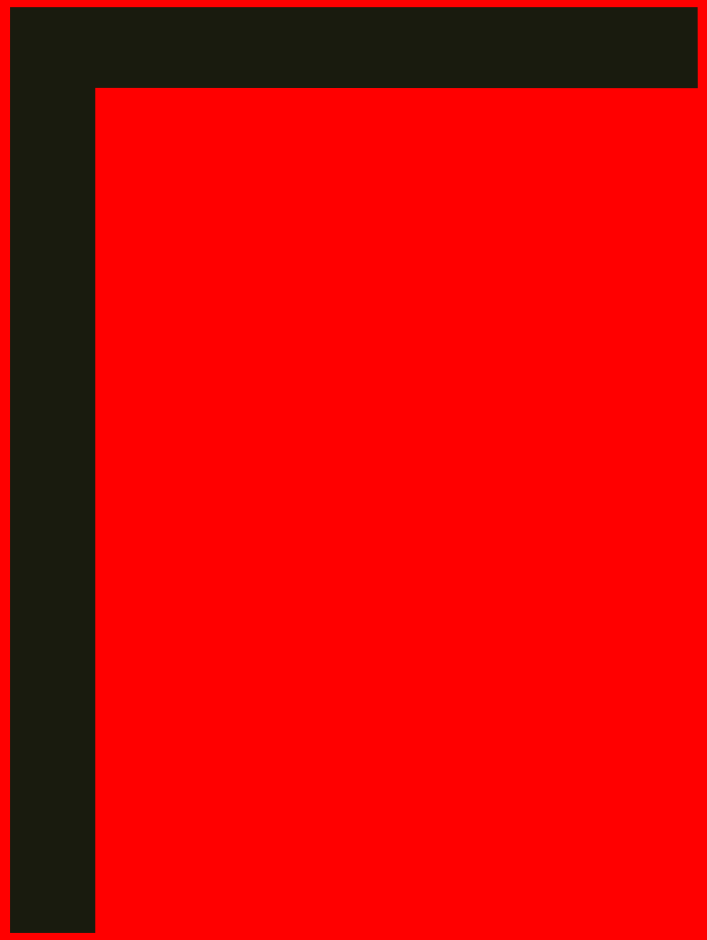

Virtuous Cycle

Acknowledging Successes

Creating Motivation

Personal Development

Continue to grow and learn as advisors

Raise your own bar

Discuss It!

Why is the enemy of ?

How can perfectionism get in the way of great?

How can advisors push students toward becoming their better selves?

When, if ever, should advisors help students lower their expectations for themselves?

Who pushed you to become your best self? How did this person inspire and motivate you?

Why does the process of raising the bar need to involve both the advisor and the advisee?

How can advisors gauge the appropriate height of the bar? What information signals that it is set to high or too low?

How can you help a student leverage a past success?

Reflection

Steve Jobs- Don't Settle